

# FROM MEDIEVAL MANUSCRIPT TO MODERN PRACTICE

*The Longsword Techniques of Fiore dei Liberi*

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[Handout: Links to Video Clips](#)

In this handout you will find the videos linked to in my book *From Medieval Manuscript to Modern Practice: The Longsword Techniques of Fiore dei Liberi*. They are organised in the order they appear in Fiore's manuscript, with drills I have created from them added at the end. These links are correct as of July 2020. The links inside the book are redirects via [guywindsor.net](http://guywindsor.net), so will always remain current. The links in this handout may expire if, for instance, I change video hosting provider.

If you don't have the book yet, you can find it here: <https://guywindsor.net/blog/longswordftp>

### **Dagger versus Sword**

Dagger v. Sword thrust: <https://vimeo.com/349410357>

Dagger v. Sword cut: <https://vimeo.com/349410834>

Sword in Scabbard v. Dagger 1: <https://vimeo.com/349411095>

Sword in Scabbard v. Dagger 2: <https://vimeo.com/349411231>

Sword in Scabbard v. Dagger 3: <https://vimeo.com/349410531>

### **The Sword in One Hand**

Sword in one hand parry alone: <https://vimeo.com/349401646>

Sword in one hand 1st play: <https://vimeo.com/349401454>

Sword in one hand 2nd play: <https://vimeo.com/349401895>

Sword in one hand 3rd play: <https://vimeo.com/349401490>

Sword in one hand 4th play: <https://vimeo.com/349401463>

Sword in one hand 5th play: <https://vimeo.com/349401537>

Sword in one hand plays 6 and 7: <https://vimeo.com/349401541>

Sword in one hand plays 8 and 9: <https://vimeo.com/349401716>

Sword in one hand 10th play: <https://vimeo.com/349401717>

Sword in one hand 11th play: <https://vimeo.com/349401579>

### **Mechanics: Footwork and Grips**

Fiore Footwork: 3 turns and 4 steps: <https://vimeo.com/348188891>

Six grips sword handling drill: <https://vimeo.com/349410530>

### **The Zogho Largo Plays**

Zogho Largo first master: <https://vimeo.com/349410358>

Zogho Largo 2nd master plays 1 and 2: <https://vimeo.com/349410275>

Zogho Largo 2nd master plays 3 and 4: <https://vimeo.com/349401501>

Zogho Largo 2nd master plays 5 and 6 (colpo di villano): <https://vimeo.com/349401645>

Zogho Largo 2nd master play 7 (leg slip): <https://vimeo.com/349401485>

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Zogho Largo 2nd master play 8 (groin kick): <https://vimeo.com/349401640>

Zogho Largo 2nd master plays 9 and 10 (exchange the thrust): <https://vimeo.com/349410448>

Zogho Largo 2nd master plays 11 and 12 (breaking the thrust): <https://vimeo.com/349401711>

Zogho Largo 2nd master plays 11-14 (breaking the thrust plays): <https://vimeo.com/349410521>

Zogho Largo 2nd master plays 15 and 16: <https://vimeo.com/349401444>

Zogho Largo 2nd master play 17 (punta falsa): <https://vimeo.com/349401818>

Zogho Largo 2nd master play 18 (punta falsa counter): <https://vimeo.com/349410277>

### **The Zogho Stretto Plays**

Zogho Stretto plays 1 and 2: <https://vimeo.com/368848979>

Zogho Stretto play 3: <https://vimeo.com/368819766>

Zogho Stretto play 4 and 5: <https://vimeo.com/368848116>

Zogho Stretto play 6: <https://vimeo.com/368819761>

Zogho Stretto play 7: <https://vimeo.com/368848102>

Zogho Stretto play 8-10: <https://vimeo.com/368933588>

Zogho Stretto play 11: <https://vimeo.com/368856329>

Zogho Stretto plays 12-13: <https://vimeo.com/368850402>

Zogho Stretto play 14: <https://vimeo.com/368849491>

Zogho Stretto play 15: <https://vimeo.com/368849835>

Zogho Stretto play 16: <https://vimeo.com/368850988>

Zogho Stretto play 17: <https://vimeo.com/368848667>

Zogho Stretto play 18: <https://vimeo.com/368853863>

Zogho Stretto plays 19-23 (disarms): <https://vimeo.com/368933514>

Parry from Dente di Zenghiaro: <https://vimeo.com/368852237>

### **Drills**

The 17-20 drill: <https://vimeo.com/368863542>

Cutting drill: circular form: <https://vimeo.com/348187920>

Footwork: basic kicks class: <https://vimeo.com/349415821>

Zogho Stretto form of 2nd drill: <https://vimeo.com/368857945>

Syllabus Form Applications drill: <https://vimeo.com/348189180>

The Cutting Drill: <https://vimeo.com/361999966>

Syllabus Form version 2.0: <https://vimeo.com/348187726>

The Woman in the Window drill: <https://vimeo.com/348153555>

Longsword 2nd drill: <https://vimeo.com/348153472>

1st play of Zogho Largo discussion: <https://vimeo.com/378871688>

Zogho Stretto first drill <https://vimeo.com/368862190>

I hope you find this useful. For more useful sword stuff, see <https://guywindsor.net>  
And remember to buy the book if you haven't already!